

County of Santa Cruz Naloxone Distribution and Training

SSP Advisory Commission
September 14, 2021
Rahshan Williams, SSP Program
Coordinator

August 31st marked International Overdose Awareness day

- Event organization was spearheaded by the Harm Reduction Coalition of Santa Cruz County and Safe Rx Santa Cruz County
- On the 31st there was a virtual even and an in-person event held Community Bridges in Watsonville from 4:30pm-6pm
- SSP staff were not able to attend the in-person event (conflict with Emeline Exchange hours)
- The County SSP advertised for the event through our exchanges and assisted with translation of event flyers
- The County SSP provided Nasal Narcan for distribution at the in-person event

The County of Santa Cruz SSP Provides Nasal Narcan and Injectable/Intermuscular (IM) Narcan

- We offer Narcan with Each exchange and use this scripted prompt as an opportunity to discuss overdose prevention in more detail
- We collect data on Narcan distribution through our Program and participant's reports of overdoses reversed using Narcan

Overdose Prevention Planning

- There is more to overdose prevention than having Narcan on-hand
- The County SSP is a resource for Fentanyl test strips

Flyers are added to the test strip kits in English/Spanish

WARNING!!

Tests are not perfect and are not guaranteed to detect all varieties of Fentanyl

Fentanyl may be distributed unevenly in the drug that you are testing

Regardless of the result of the test PLEASE

- Do not use alone
- Take it slow (small dose to start)
- Have Narcan Ready

Visit your County Exchanges for supplies, Clean Syringes

[Syringe Services Program \(santacruzhealth.org\)](http://santacruzhealth.org)

And if you are ready - Linkage to Treatment and Care



Our Narcan Kits are distributed with brochures which include instructions for use and contact information for Substance Use Disorder (SUDS) treatment providers

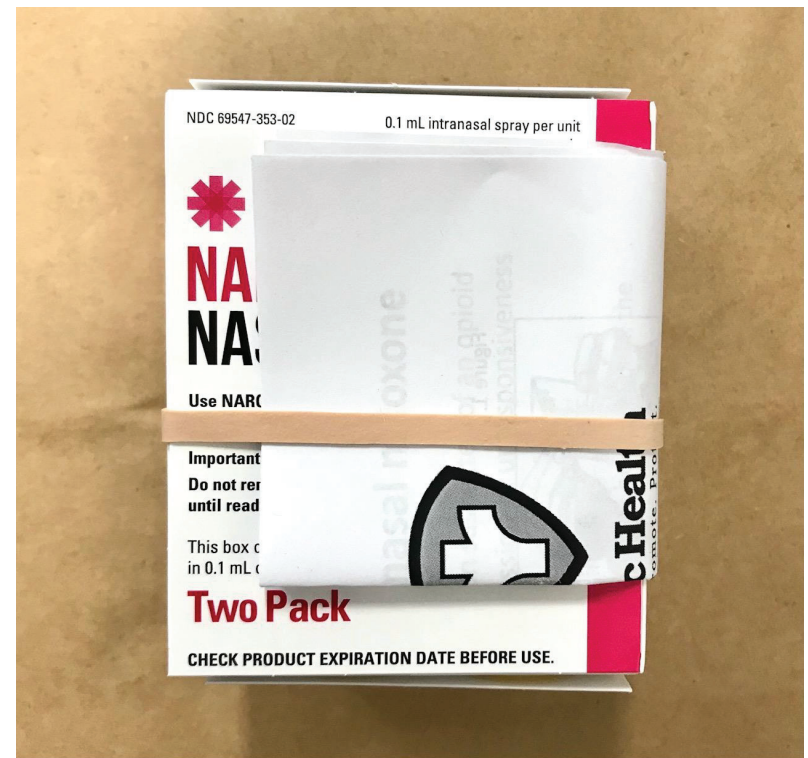
- We discuss participant's prior experience with and use of Narcan
- We have expired Nasal Narcan to offer participants the experience of opening a dose, holding and pressing the injector to simulate actual use
- We dispel myths (e.g., someone needs to be breathing for the Nasal Narcan to work, you need to hit a vein for injectable Narcan to work)
- We provide CPR shields for rescue breathing

Signs of an Opioid Overdose

[Recognizing Opioid Overdose - National Harm Reduction Coalition](#)

- Loss of Consciousness
- Unresponsive to outside stimulus
- Awake, but unable to talk
- Breathing is very slow and shallow, erratic, or has stopped
- For lighter skinned people, the skin tone turns bluish purple, for darker skinned people, it turns grayish or ashen
- Choking sounds, or a snore-like gurgling noise (sometimes called the “death rattle”)
- Vomiting
- Body is very limp
- Face is very pale or clammy
- Fingernails and lips turn blue or purplish black
- Pulse (Heartbeat) is slow, erratic, or not there at all

Our Flyers for IM and Nasal Narcan



Need Help?? Contact us!

Santa Cruz County

Medication Assisted Treatment (MAT)

We are a team of healthcare providers, addiction counselors, case managers, registered nurses, medical assistants, and behavioral health specialists dedicated to supporting our patients in their recovery from opiate addiction through an integrated, patient-centered approach.

MAT Team (831) 454-4808

Health Services Manager **Danny Contreras, SUDCC III-CS**
(831) 212-3498

Janus of Santa Cruz Treatment and Services

Detox/Special Care * Substance Abuse Treatment
Opiate Addiction Treatment * Residential Treatment
Perinatal Treatment * Day Treatment
Intensive Outpatient Treatment * Sober Living Homes (SLE)

(831) 462-1060 or (866) 526-8772

Janus Community Clinic

Medication Assisted Treatment (MAT)

Methadone Maintenance * Suboxone Maintenance
Vivitrol Treatment * Prescription Opiate Pain Medication
Addiction Treatment

Janus Community Clinic
(831) 425-0112

Janus South County
(831) 319-4200



Public Health
Prevent. Promote. Protect.
Santa Cruz County

Nasal Naloxone for Use in Opiate Overdose

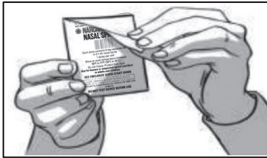
Provided by:
Santa Cruz County
Syringe Services Program

Funded by the SAMHSA
Naloxone Distribution Project

Administration of nasal naloxone

Administer naloxone to a person suspected of an opioid overdose with respiratory depression or unresponsiveness

Figure 1.



Call 911!!!

Figure 2.

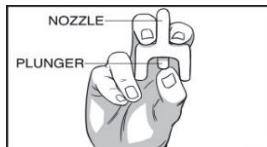
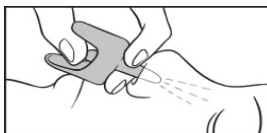


Figure 3.



Figure 4.



**Rescue
Breathing**

1. Call 911 and start rescue breathing.
2. Remove NARCAN Nasal Spray from the box. Peel back the tab with the circle to open (Figure 1).
3. Hold with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle (Figure 2).
4. Tilt the person's head back and provide support under the neck with your hand. Gently insert the tip of the nozzle into one nostril until your fingers on either side of the nozzle are against the bottom of the person's nose (Figure 3).
5. Press the plunger firmly to give the dose of NARCAN Nasal Spray.
6. Resume rescue breathing until the overdosing person begins to breathe on their own and shows signs of responsiveness.
7. Administer second dose of naloxone if there is no response after approximately **2-3 minutes**.
8. If person is breathing, place in the recovery position.
9. Remain with the person until he or she is under the care of a medical professional.
10. Do not administer naloxone to a person with known hypersensitivity to naloxone.

Always store naloxone at room temperature and protected from light.

Refills: Provided to registered participants upon completion of a follow-up assessment by the County Syringe Services Program staff.

Naloxone provided by the Santa Cruz County Syringe Services Program under the direction of Dr. Gail Newel, M.D.

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IM Naloxone for Use in Opiate Overdose

Provided by:
**Santa Cruz County Syringe
Services Program**

Santa Cruz Overdose Prevention
and Education

HOW TO GIVE INTRAMUSCULAR NALOXONE

 <p>1. Remove cap from naloxone vial and uncover the needle</p>	 <p>2. Insert needle through rubber plug with vial upside down Pull back on plunger and take up 1 mL</p>	 <p>3. Inject 1 mL of naloxone at a 90 degree angle into a large muscle (upper arm/thigh, outer buttocks)</p>
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Directions for administration of injectable Naloxone

Administer naloxone to a person suspected of an opioid overdose with respiratory depression or unresponsiveness as follows:

1. Call 911 and start rescue breathing.
2. Pop off the orange cap from the vial of naloxone, exposing the rubber seal.
3. Open one intramuscular syringe and draw the entire contents of the 1cc vial of naloxone into the syringe.
4. Inject the naloxone into the muscle of the upper arm, upper thigh, or upper, outer quadrant of the buttocks.
5. Resume rescue breathing until the overdosing person begins to breathe on their own and shows signs of responsiveness.
6. Administer second dose (1cc) of naloxone if there is no response after approximately 2-3 minutes.
7. If person is breathing, place in the recovery position.
8. Remain with the person until he or she is under care of a medical professional.
9. Do not administer naloxone to a person with known hypersensitivity to naloxone.
10. Place used sharps in container and return to County Exchange

Keep Naloxone at room temperature and protect from light.

Refills: to be provided to registered participants upon completion of follow-up assessment by County of Santa Cruz program staff. Used syringe disposal provided.

Naloxone provided by the Santa Cruz County Syringe Services Program under the direction of Dr. Gail Newel, M.D.

We have handed out nearly 900 Doses
of Narcan this Calendar year for
distribution outside of the exchange

- Juvenile Hall
- Hotels
- Shelters
- Sheriffs Office
- California State Parks
- County outreach

Lives Saved

- Our participants have reported **199** overdoses reversed using Narcan from January through the end of August 2021